



Fresh For Your Success. Right For Our Environment.™

Product: 19327  
Description: GUACAMOLE FRESH MARY'S  
Packaging: 6/9 OZ

### Nutrition Facts

Serving Size 2 Tbsp (50 g)

**Amount Per Serving**

<b>Calories</b> 50	Calories from Fat	30
<b>Total Fat</b> 3.5g		5%
Saturated Fat 0g		0%
Trans Fat 0g		
<b>Cholesterol</b> 0mg		0%
<b>Sodium</b> 230mg		10%
<b>Total Carbohydrate</b> 4g		1%
Dietary Fiber 2g		8%
Sugars 1g		
<b>Protein</b> 1g		
Vitamin A 4%	•	Vitamin C 15%
Calcium 0%	•	Iron 2%

### Ingredients

Ingredients: Guacamole (Hass Avocado, Tomatillo, Sea Salt, Garlic, Jalapeno Pepper, Cilantro, Cilantro Essential Oil), Tomatoes, Yellow Onion, Jalapeno Pepper, Cilantro, Lime Juice, Salt, Black Pepper, Cumin. Mix before serving.